

Event	Place	Number	Name	Club	Result
Senior Men 3000m					
	1	110	Liam Harris	Togher AC	08:33.5
	2	160	Sean Doyle	North Cork AC	08:34.3
	3	27	Brian Conroy	Clane AC	08:50.3
	4	15	Anthony Mannix	Leevale	08:56.6
	5	67	Evan Fitzgerald	Clonmel AC	08:58.2
	6	55	Eamonn Morrissey	Dundrum	09:03.3
	7	92	John Fitzgibbon	Thurles Crokes	09:11.5
	8	139	Paddy Cummins	Moycarkey Coolcree AC	09:12.1
	9	185	William Hughes	Crusaders AC	09:13.3
	10	142	Paul Hartnett	Midleton AC	09:15.4
	11	90	John Collins	Skibbereen AC	09:21.7
	12	39	Colin Coyne	St. Abbans	09:37.1
	13	50	Darren O'Dwyer	Carrick On Suir AC	09:40.6
	14	151	Rory Morrissey	Mountmellick	09:44.4
	15	126	Michael Counsel	Trim AC	10:07.0
	16	182	Tim Treacy	Carrick On Suir AC	10:33.8

U17 Boys 800m

	1	79	Jack Fenlon	St Abbans AC	02:05.3
	2	161	Sean Hayes	Nenagh Olympic AC	02:06.2
	3	116	Luke Duffy	Tullamore Harriers AC	02:08.4
	4	167	Shane Buckley	Dundrum Ac	02:09.9
	5	122	Mark Davidson	Templemore AC	02:11.3
	6	82	Jack Saunders	Tullamore Harriers AC	02:12.8
	7	40	Conor Flaherty	Clonmel AC	02:13.7
	8	3	Aaron Moore	Moyne AC	02:17.7
	9	83	Jake Bowe	Moyne AC	02:19.4

Senior Women 800m "B"**Heat 3**

1	11 Andrea Ryan	Tullamore Harriers AC	02:24.6
2	177 Sinead Walsh	Tullamore Harriers AC	02:26.3
3	145 Rachel Ayers	St. Abbans AC	02:27.0
4	31 Caoimhe Flannery	Skibereen AC	02:27.1
5	97 Kate O'Neill	St. Abbans AC	02:28.6
6	130 Myah Gallagher	Tuam AC	02:35.8
7	88 Jane Maher	Tullamore Harriers AC	02:36.4
8	61 Emily Cunningham	Tullamore Harriers AC	02:38.9
9	144 Polly Duffy	Tullamore Harriers AC	02:42.1

Heat 2

1	17 Aoife Delargy	Nenagh Olympic AC	02:15.3
2	157 Sarah Lanigan	Galway City Harriers AC	02:16.2
3	75 Greta Stremikyte	Clonliffe Harriers/DTC	02:19.4
4	147 Richael Browne	UCD AC	02:22.7
5			

Senior Men Mile "B"

Heat 2

1	77 Ian Tivy	Togher AC	04:32.6
2	33 Cian Hodgins	Nenagh Olympic AC	04:45.7
3	66 Ethan Dunican	Tullamore Harriers AC	04:47.1
4	183 Timmy O'Reilly Murphy	Togher AC	04:48.2
5	43 Craig Harrington	Togher AC	04:48.3
6	13 Andrew Hobbs	Leevale AC	04:55.1
7	87 Jamie Moloney	Nenagh Olympic AC	04:58.1
8	96 Justin Bloomer	Mid Ulster AC	05:01.5
9	42 Conor Keating	Sportsworld AC	05:14.7
10			
11			
12			
13			

Senior Women 100m**Heat 1**

1	136 Nicole Quirke	Galway City Harriers AC	13.09
2	176 Sinead O'Regan	Riverstick-Kinsale AC	13.28
3	173 Shauna Leydon	Mullingar Harriers AC	13.38
4	7 Aisling Dwyer	Moyne AC	13.77

Heat 2

1	99 Katie Bergin	Moyne AC	12.72
2	175 Sinead Hunt	Lios Tuathail AC	13.04
3	124 Megan Lynch	Lios Tuathail AC	13.14
4	62 Emily Wall	Leevale AC	13.4

Heat 3

1	115 Lucy Sleeman	Leevale AC	12.48
2	8 Aisling Kelly	Taghmon AC	12.51
3	98 Katelyn Farrelly	Tullamore Harriers AC	12.68
4	74 Grace Rooney	Youghal AC	12.81

Heat 4

1	129 Molly Scott	St. Laurence O'Toole's AC	11.86
2	159 Sarah Quinn	St. Colmans, South Mayo AC	11.87
3	107 Laura Ann Costello	Galway City Harriers AC	12.67
4	187 Rihanna McCarthy	UCD AC	12.77

Senior Men 100m**Heat 1**

1	140 Patrick Lynch	Newport AC	11.97
2	105 Kevin Lynch	Lios Tuathail AC	12.09
3	114 Louis O'Connell	Lios Tuathail AC	12.27
4	85 James Sullivan	Dundrum South Dublin AC	12.6

Heat 2

1	49 Darren Costelloe	Galway City Harriers AC	11.94
2	53 Dylan O Leary	Lios Tuathail AC	12.35
3			
4			

Heat 3

1	52 Dion Marcos	An Ríocht AC	11.28
2	127 Michael Deedy	Menapians AC	11.5
3	89 Joe Minitier	St. Marys (Clare) AC	11.51
4	111 Liam Meade	Templemore AC	11.78

Heat 4

1	148 Rob McDonnell	Galway City Harriers AC	10.9
2	149 Robert Meagher	Galway City Harriers AC	11.31
3			
4			

Heat 5

1	119 Marcus Lawlor	St Laurence O'Toole's AC	10.79
2	141 Paul Costelloe	Emeralds AC	10.83
3	51 David Murphy	Kilkenny City Harriers AC	10.97
4	170 Shane Howard	Bandon AC	11.04

Senior Women 200m

Heat 1	1	152 Rose Ann Fitzgerald	Carrick on Suir AC	27.29
	2	38 Clodagh Dunbar	Menapians AC	27.72
	3	176 Sinead O'Regan	Riverstick-Kinsale AC	28.2
	4	120 Margaret Mary Grace	Nenagh Olympic AC	28.77
Heat 2				
	1	108 Laura Nally	Galway City Harriers AC	25.88
	2	135 Niamh Malone	Monaghan Phoenix AC	25.97
	3	107 Laura Ann Costello	Galway City Harriers AC	26.04
	4	187 Rihanna McCarthy	Crusaders AC	26.4
Heat 3				
	1	159 Sarah Quinn	St. Colmans, South Mayo AC	24.55
	2	178 Sophie Becker	Templemore AC	24.56
	3	158 Sarah McCarthy	Mid Sutton AC	25.2
	4	172 Sharlene Mawdsley	Newport AC	DNF

Senior Men 200m

Heat 1	1	165 Shane Bowe	Ballyroan Abbeyleix & District AC	23.87
	2	111 Liam Meade	Templemore AC	24.35
	3	85 James Sullivan	Dundrum South Dublin AC	25.86
	4	10 Alex Ryan	Dundrum AC	DNF
Heat 2				
	1	4 Aaron Tierney Smith	Menapians AC	23.52
	2	47 Darragh Minitier	Nenagh Olympic AC	23.78
	3	49 Darren Costelloe	Galway City Harriers AC	23.78
	4	140 Patrick Lynch	Newport AC	DNF
Heat 3				
	1	119 Marcus Lawlor	St Laurence O'Toole's AC	21.44
	2	1 Aaron Keane	Tullamore Harriers AC	22.21
	3	52 Dion Marcos	An Riocht AC	22.67
	4			

U17 Girls 200m**Heat 1**

1	109 Leona Maher	Moyne AC	28.2
2	18 Aoife Dwyer	Moyne AC	28.38
3	56 Eimear Halpin	Menapians AC	28.9
4	9 Aisling O'Loughlin	Moyne AC	30.56

Heat 2

1	35 Ciara O'Mahony	Leevale AC	27.2
2	124 Megan Lynch	Lios Tuathail AC	27.55
3	113 Lorna O'Shea	Carrick on Suir AC	28.09
4	34 Ciara Lynch	Bandon AC	29.32

Heat 3

1	115 Lucy Sleeman	Leevale AC	25.86
2	74 Grace Rooney	Youghal AC	26.63
3	136 Nicole Quirke	Galway City Harriers AC	27.27
4	88 Jane Maher	Tullamore Harriers AC	29.85

U17 Boys 200m**Heat 1**

1	184 Tom McCutcheon	Nenagh Olympic AC	24.19
2	26 Brendan O'Donoghue	Leevale AC	24.55
3	84 James Sage	Nenagh Olympic AC	25.32
4	125 Michael Aherne	Moyne AC	28.67

Heat 2

- 1
 - 2
 - 3
 - 4
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U20 Women 200m**Heat 1**

1	21 Ava Cashman	Leevale AC	27.65
2	62 Emily Wall	Leevale AC	28.1
3	7 Aisling Dwyer	Moyne AC	28.51
4	137 Orlagh Leer	Monaghan Phoenix AC	DNF

Heat 2

1	8 Aisling Kelly	Taghmon AC	25.98
2	103 Kellie Bester	Carrick on Suir AC	26.24
3	99 Katie Bergin	Moyne AC	26.25
4	60 Emer Rowe	Galway City Harriers AC	DNS

U20 Men 200m

1	54 Dylan Roberts	Bandon AC	23.29
2	80 Jack Hickey	Moyne AC	23.54
3	162 Sean Mahony	Lios Tuathail AC	23.92
4	133 Nathan Wright	Lios Tuathail AC	24.39

Senior Women 400m**Heat 1**

1	120 Margaret Mary Grace	Nenagh Olympic AC	01:04.0
2	146 Rachel Butler	Moyne AC	01:06.1
3	56 Eimear Halpin	Menapians AC	01:06.3
4	23 Ber Spillane	Moyne AC	01:08.9

Heat 2

1	24 Bláthnaid Fogarty	Enniscorthy AC	01:01.4
2	38 Clodagh Dunbar	Menapians AC	01:04.6
3	57 Eimear Lynch	Newport AC	DNS
4	173 Shauna Leydon	Mullingar Harriers AC	DNS

Heat 3

1	60 Emer Rowe	Galway City Harriers AC	59.57
2	102 Katie Walsh	Carrig na bhFear AC	01:00.1
3	63 Emma Moore	Galway City Harriers AC	01:00.4
4	5 Ailbhe O'Neill	Nenagh Olympic AC	01:02.2

Heat 4

1	172 Sharlene Mawdsley	Newport AC	56.31
2	135 Niamh Malone	Monaghan Phoenix AC	58.1
3	30 Caoimhe Cronin	Le Cheile AC	58.27
4			

Senior Men 400m**Heat 1**

1	121 Mark Carmody	An Bru AC	52.47
2	133 Nathan Wright	Lios Tuathail AC	56.14
3	162 Sean Mahony	Lios Tuathail AC	56.24
4	29 Canice Whearty	Oughaval AC	DNS

Heat 2

1	149 Robert Meagher	Galway City Harriers AC	51.09
2	138 Owen Scully	St Laurence O'Tooles AC	53.15
3	118 Marc Jones	Leevale AC	53.91
4	4 Aaron Tierney Smith	Menapians AC	DNS

Heat 3

1	148 Rob McDonnell	Galway City Harriers AC	48.94
2	32 Cathal Locke	Doonen AC	49.08
3	91 John Fagan	Clonliffe Harriers AC	50.23
4	25 Brandon Arrey	Raheny Shamrocks AC	DNS

Masters Men 400m

1	105 Kevin Lynch	Lios Tuathail AC	54.27
2	94 John Whiskey	South Galway AC	56.18
3			
4			

Senior Men Mile "B"**Heat 1**

1	95 Jonny Whan	Clonliffe Harriers AC	04:15.2
2	188 Joe Warner	St. Marys (Clare) AC	04:17.7
3	45 Daniel Stone	Clonliffe Harriers AC/DTC	04:21.9
4	169 Shane Healy	Metro St. Brigids AC/DTC	04:22.6
5	154 Ruarcan O'Gibne	Boyne AC/DTC	04:25.1
6	81 Jack O'Shea	Midleton AC	04:27.1
7	168 Shane Coffey	Naas AC/DTC	04:32.7
8	181 Ted Collins	Nenagh Olympic AC	04:34.2
9	70 Frank O'Brien	Midleton AC	04:34.3
10			
11			
12			

Senior Women 4x100m

1	Leevale	Galway City Harriers AC	51.25
2	Carrick-on-Suir	Skibereen AC	51.84
3	Moyne	St. Laurence O'Toole's AC	52.88
4			

Senior Women 800m "B"**Heat 1**

1	69 Fiona Kehoe	Kilmore AC	02:13.5
2	58 Elie O'Toole	Newbridge AC	02:13.6
3	174 Sinead Denny	Dundrum South Dublin AC	02:16.8
4	19 Aoife Mahony	Lios Tuathail AC	02:17.0
5	155 Ruby Stueven	Tullamore Harriers AC	02:23.1
6			

Senior Women 800m "A"

1	131 Nadia Power	Dublin City Harriers AC	02:05.1
2	101 Katie Kirk	University of Ulster, Jordanstown AC	02:06.5
3	78 Iseult O'Donnell	Raheny Shamrocks/DTC	02:07.2
4	156 Sarah Lane	Nenagh Olympic AC	02:09.3
5	117 Maisy O Sullivan	St. Abbans AC	02:10.3
6	128 Michelle Finn	Leevale AC/DTC	02:10.4
7	14 Annette Quaid	Leevale AC	02:11.2
8	59 Ellie Hartnett	UCD AC	02:12.2
9	22 Ava O'Connor	Tullamore Harriers AC	02:14.2
	6 Aimee Hayde	Newport AC	DNF

Senior Men Mile "A"

1	164 Sean Tobin	Clonmel AC/DTC	04:00.4
2	12 Andrew Coscoran	Star of the Sea AC/DTC	04:02.6
3	28 Brian Fay	Raheny Shamrocks AC/DTC	04:08.0
4	36 Cillian Kirwan	Raheny Shamrocks AC	04:13.9
5	76 Hiko Tonosa	Dundrum South Dublin AC/DTC	04:15.2
6	166 Shane Bracken	Swinford AC/DTC	04:20.1
7			
8			
