



Covid 19 Risk Assessment



Moyne Athletic Club

May 2020

What are the hazards?	Who might be harmed	Controls Required	Additional Controls Required	Action by who?	Action by when?	Done
Spread of Covid-19 Coronavirus	<ul style="list-style-type: none"> ● All Members ● Coaches ● Visitors to your premises ● Cleaners ● Contractors ● Parents ● Anyone else who physically comes in contact with you in relation to the Club 	<p><u>As the Club house is not open for athletes, coaches or other officials during any training sessions, the following controls apply;</u></p> <p>On receipt of these guidelines, Moyne Athletic club officials must meet (online) to decide how best, in their specific circumstances, as to how they can or cannot recommence training activities, within the context of the Government/HSE guidelines. (See other accompany document for these guidelines on club website)</p> <p>Should the club consider that it can resume activities, it will have to be planned, with athletes being given specific times to attend, if they wish to resume training in the club environment. It is critical that clubs keep strict control at all times.</p> <p>Moyne AC will need to ensure they have full contact details for all members. In respect of members</p>	<p>Phase 1 regular reminders to hand sanitize and individuals to carry their own sanitizer.</p> <p>Club procedures and protocols to be drawn up. Safety officer and Covid 19 Coordinators to be appointed. Club Risk Assessment to be completed.</p> <p>Posters, leaflets and other materials are to be displayed. Booking system to be in place with strict limitations to use of the track.</p> <p>Rigorous checks will be carried out by the safety officer and coaches to ensure that the necessary procedures are being followed.</p>	<p>Clubs</p> <p>Clubs, Safety Officer</p> <p>Club registrar</p>	<p>Before resuming any activities</p> <p>Before resuming any activities</p> <p>Before resuming</p>	<p>✓</p> <p>✓</p>

		<p>under 18, this will require full contact details for parents/guardians. This is to facilitate contact tracing in the event of a suspected Covid 19 case.</p> <p>If clubs decide they can resume, on a limited basis initially, the club safety officer must communicate to all club coaches, who are prepared to resume activities, the terms of resumption.</p> <p>.</p> <p>The club in conjunction with the safety officer should nominate at least two Covid 19 Co-ordinators, who should attend training sessions to ensure these guidelines are being strictly observed. Large clubs using extended locations, may need to nominate additional Co-ordinators.</p> <p>Club coaches, bearing in mind the terms of the Government/HSE guidelines, need to examine how athletes can be accommodated in terms of times for attendance, necessity to bring their own sanitiser, wipes, towels. It may well be that the normal training period will have to be divided over a series of time periods to facilitate the attendance of athletes.</p> <p>A full record of attendance at each training session must be maintained.</p>	<p>Members to be reminded on each occasion they attend for training of the importance of social distancing.</p> <p>Athletes to sign Covid 19 Form agreeing to club procedures prior to first session.</p> <p>Booking system to be introduced through the safety officer.</p>	<p>Club Safety Officer</p> <p>Clubs and Safety Officer</p> <p>Club, Club coaches, Safety Officer</p> <p>Safety Officer</p>	<p>any activities</p> <p>Before resuming any activities</p> <p>Before resuming any activities</p> <p>Before resuming any activities</p>	<p>✓</p> <p>✓</p> <p>✓</p> <p>✓</p>
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		<p>This is required to facilitate contact tracing should a suspected case of Covid 19 arise.</p> <p>Athletes, coaches, mentors, parents and other person who may be legitimately present within the terms of the Government guidelines; Will observe Social Distancing -Reducing the number of persons in any area to comply with the 2-metre (6.5 foot) gap recommended by the HSE.</p> <p>Must bring their own sanitiser, wipes and towels for their own personal use;</p> <p>Will not share any of these items to avoid any possible cross contamination.</p> <p><u>Cleaning</u> Frequently cleaning and disinfecting objects and surfaces that are touched regularly in the course of training, using appropriate cleaning products and methods. All equipment used by athletes to be cleaned before and after use.</p> <p><u>Social Distancing</u> Redesigning access flows club training areas to ensure social distancing in</p>	<p>2 metre distancing signs to be placed at the entrance gate to the track.</p>	<p>All present at training sessions, Covid 19 Coordinator, Safety Officer</p> <p>All athletes, coaches, parents and club officials</p> <p>Clubs and coaches</p>	<p>All training sessions</p> <p>All training sessions</p> <p>All training sessions</p> <p>All training sessions</p>	
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		<p>place. This is particularly relevant in relation to car parks, as athletes and parents are coming or going from the area.</p> <p>Parents/guardians bringing children to training sessions, if they do not leave immediately and return later, should remain in their vehicles. If they do exit they must observe all the Government/HSE guidelines, such as social/physical distancing.</p> <p>Conference calls to be used instead of face to face meetings.</p> <p>Symptoms of Covid-19 If any member of the club becomes unwell with a new continuous cough or a high temperature they will be sent home and advised to follow the stay at home guidance.</p> <p>If advised that a club member has developed Covid-19 and they were recently on our club premises the safety officer will contact the HSE to advise.</p> <p>Should any athlete, coach or club official have any pre-existing medical condition, they should seek the advice of their medical practitioner as to the advisability of resuming club activity at this juncture.</p>	<p>Athletes to fill out health questionnaire form prior to training.</p>	<p>Clubs and safety officer</p> <p>Parents</p> <p>Club officials</p> <p>All athletes, coaches and club officials</p> <p>All athletes, coaches and club officials</p> <p>All athletes, coaches and club officials</p>	<p>Before resuming any activities.</p> <p>All training sessions</p> <p>All training sessions</p> <p>All training sessions</p> <p>Before resuming any activities.</p>	<p>✓</p> <p>✓</p>
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		<p><u>First Aid</u></p> <p>Clubs will need to review their first aid kits to ensure they have adequate supply of face masks, surgical gloves and sanitisers, in the event of an incident arising and needing attention.</p> <p>Arrangements will also have to be in place for access to AEDs, (defibrillators) which are mostly stored in club houses.</p>	<p>Defibrillator access outside of the building.</p>	<p>Club safety officer</p> <p>All athletes, coaches and club officials</p>	<p>Before resuming any activities.</p> <p>All training sessions</p>	<p>✓</p>
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Moyne Athletic Club Executive 21/05/2020