

MOYNE AC

Munster Juvenile "B" Cross Country Championships: 15 athletes travelled to Newmarket-on-Clare on Sunday last for the Munster "B" Cross Country Championships and with very testing underfoot conditions along with a steady drizzle all athletes did the club proud but two outstanding performances from Cora Doyle and Orlaith Maher stood out. Cora competed U/19 and with the underfoot conditions having even further deteriorated following the earlier races she made light of them to finish 2nd overall and win an individual Munster silver medal. Orlaith was our only competitor in the Girls U/13 event and she covered the 2,500mts distance in great style to finish 8th overall and claim an individual Munster bronze medal. Well done to both girls on claiming these individual medals. The day began with Emma Kelly competing in the Girls U/11 event and she was up with the main bunch throughout finishing 29th overall. Next up were the Boys U/11 with Ciaran Lloyd and Charlie Tobin finishing very strongly in 14th and 16th place whilst Dylan McLoughlin stayed with the pace to finish 33rd. As already stated above Orlaith Maher competed in the Girls U/13 event and recorded an excellent 8th place. In the Boys equivalent Nathan Bowe was the leading club man in 42nd place with Brian Maher finishing 46th and Patrick Campion 55th in a very competitive race. Katie Tobin and Emma Doyle competed U/15 with Katie steadily picking off opponents to finish 27th while Emma, despite the effects of the previous day's County Minor Final victory still in her legs battled bravely for 41st. Our only club team on the day was in the Boys U/15 event and Harry Hogan with his usual strong running finished an excellent 14th place. He was closely followed by Eoin Troy with a steady run in 21st with Aidan Ryan just yards behind in 23rd with Eamonn Troy battling hard for 27th. Our final athlete on the day was Cora Doyle who as already mentioned above ran a superb race to finish 2nd in the Girls U/19 race. While Tipperary as a County did very well in the Inter-County competitions with nearly all of the teams getting either gold, silver or bronze medals the composition of these teams were not available at the time of going to press. The club are hopeful of having members on these various teams and results will be made available at training and on next week's notes.

National Juvenile Uneven Age Cross Country: Adamstown, Co Wexford is the venue on Sunday next for the Uneven Age National Cross Country Finals where we have 6 athletes competing. Rachel Butler is a member of the Munster Team for the Girls U11 1500m, Roisin Daly, Erica Carroll, Niamh Ryan & Orlaith Maher are members for the Tipperary Team in the Girls U13 2500m & Orla Healy is on the Tipperary team for the U17 girls – we wish all 6 athletes the very best of luck on Sunday. The event commences at 11.30am so all athletes would need to be at the venue by 10.15am.

County Cross Country "A" Points Table: Congratulations and well done to all athletes who won individual or team medals at the County Cross Country Events in both Clonmel and Moycarkey this year – due to your huge efforts Moyne AC finished 3rd Club out of 10 participating Clubs which was a wonderful achievement for a small rural Club – well done to all & keep up the good work.

Christmas Morning Mile: Our annual Christmas Morning Mile will take place as usual on Christmas morning commencing at 11am, we encourage all our athletes and their parents to take part in this lovely event which has been a tradition in our Club for a number of years now and always attracts a large crowd. It's a great way to start the day and get ready for the festive feast!! All proceeds will be donated to local charities – more details next week.

Congratulations: Congrats and well done to our Club members who were part of the Minor Ladies Football team who recorded a fantastic victory over Clerihan in the County Final on Saturday last – well done to all involved.

Meet & Train: Meet and train sessions for our Fit 4 Life Group continues every Monday and Wednesday at 7.30pm. All are welcome.

Fixtures: Sunday Dec 9th – Woodies DIY AAI Novice & Juvenile Uneven Age Cross Country – Adamstown, Co Wexford. Saturday Jan 12th – Co Tipperary U13 – Junior Indoor Championships – Nenagh. Sunday Jan 13th – Munster Juvenile Relays – Limerick Racecourse. Saturday Jan 19th – Co Tipperary U9 – U12 Indoor Championships – Nenagh.