

MOYNE AC

Juvenile Training: Juvenile training has now resumed for all athletes on Tuesdays at 7.30pm and Fridays at 8pm. The Cross Country Season kicks off on Sunday October 7th which is less than five weeks away so those who intend competing need to make a big effort to attend all training sessions.

Moycarkey Coolcroo Cross Country Challenge: It has been proposed that the Annual Cross Country Challenge will take place on Thursday, September 20th so please keep this date free – we hope to see a large number of athletes taking part – time will be confirmed soon.

Moyne AC Gym: The Gym has now reopened after the summer break on Monday and Thursday evenings at 7pm. New members are welcome.

Meet & Train: Meet and train sessions for adults (male & female) continue every Monday, Wednesday and Friday at 7pm. All are welcome.

Fixtures: Sunday Sept 30th - Tipperary Ladies Mini Marathon – Thurles @ 11am. Sunday October 7th – County Juvenile Even Age & Novice Cross Country – Powerstown Racecourse, Clonmel. Sunday Oct 21st – Munster Juvenile Even Age, U23 & Novice Cross Country – Beaufort, Co Kerry. Sunday Oct 28th – County Juvenile Uneven Age & Intermediate Cross Country – Turnpike, Two Mile Borris. Sunday November 4th – County Juvenile Relays & Master Cross Country – Thurles Crokes Complex. Sunday Nov 11th – Munster Juvenile Uneven Age & Intermediate Cross Country – Waterford. Sunday November 18th – County Juvenile “B” & Novice “B” Cross Country – Venue tbc. Sunday Nov 25th – Woodies DIY AAI Inter Counties & Juvenile Even Age Cross Country – Co Meath. Sunday December 2nd – Munster Juvenile “B” & Master Cross Country – Co Clare. Sunday Dec 9th – Woodies DIY AAI Novice & Juvenile Uneven Age Cross Country – Thurles Racecourse. Sunday January 13th – Munster Juvenile Relays – Limerick Racecourse.