

# MOYNE AC

**County U13 – Junior T & F Championships:** Day 1 of the County Track & Field for the U13 – Junior's took place on Sunday last in Templemore in beautiful sunny conditions. 12 of our athletes took part all doing themselves and their club proud. 3 medals were brought back to the Club including one County Title which was won by Ciara Cummins in the Girls U16 1500mts, Ciara had a great run finishing with a time of 5.11 – well done Ciara. Orla Healy wasn't far behind Ciara in the 1500m and finished 2<sup>nd</sup> in 5.18, well done Orla on a great race. Emma Doyle performed extremely well in the High Jump finishing 2<sup>nd</sup> and recording a personal best of 1.36 – well done Emma. Other athletes to perform admirably on the day – some just missing out on medals were Ben Ryan, Bill Hogan, Nathan Bowe, Harry Hogan, Niall Walsh, Roisin Daly, Edwina Cleere, Mairead Blake and Cora Doyle – well done to all.

**East Munster Schools Track & Field:** Well done to Ciara Cummins who finished 1<sup>st</sup> in the 3000mts in this event which took place in Waterford on May 2<sup>nd</sup>.

**Burma Challenge:** Our 9<sup>th</sup> annual Burma Challenge kicked off on Wednesday evening last with 55 walkers, joggers and runners facing the start line in ideal weather conditions. The pace was set and the competition was intense with all athletes making it round the Burma in 45mins. Next Wednesday is the handicap round which commences at 7.30pm, eleven teams of five have been selected based on last week's times and full details of these teams can be found on our website at [www.moyneathleticclub.com](http://www.moyneathleticclub.com). Next Wednesday also kicks off the first round of the Family Challenge comprising of Husband & Wife, father & daughter etc, Ray and Liz Power are the title holders but with about 10 families taking part this year the competition should be pretty intense. The 3<sup>rd</sup> round on Wednesday May 16<sup>th</sup> is the Cycle challenge; this is always great fun and can turn the leader board upside down whilst causing quite a stir around the Burma. Please note that the final night will take place on Friday May 25<sup>th</sup> (not Wednesday), this will see all athletes take to the start line together and you can be certain it will be quite a battle!

**Mini Marathon:** Our 3<sup>rd</sup> annual Mini Marathon kindly sponsored by The Lisheen Mine will take place on Monday, June 4<sup>th</sup> at 3pm from Moyne Sportsfield, this event is open to both male and female participants with money prizes for the first 3 Men and Women home. Each athlete who completes the 10k will also be presented with a specially commissioned medallion to mark their achievement. Entry forms are now available for download on our website – [www.moyneathleticclub.com](http://www.moyneathleticclub.com) and can be forwarded accompanied by the entry fee of €12 to our Secretary Rosemary Cleere. This event takes a lot of organising and a lot of help is required on the day so we appeal to anyone who can spare a few hours on Monday June 4<sup>th</sup> to please give your name to any committee member – your help would be much appreciated.

**Meet & Train Sessions:** Meet and train sessions have been changed to Monday evenings at 7pm for the duration of the Burma Challenge which takes place on Wednesday evenings. These speed training sessions are open to both Male and Female athletes – all are welcome.

**Upcoming Fixtures:** Sunday May 20<sup>th</sup> – County U13 – Junior T&F in Templemore. Saturday & Sunday 9<sup>th</sup> & 10<sup>th</sup> June – Munster Juvenile U9 – U11 team competition & U12 & U 13 T&F Championships in Cork IT. Saturday June 16<sup>th</sup> – County Juvenile “B” T & F Championships in Templemore. Saturday June 30<sup>th</sup> & Sunday July 1<sup>st</sup> – Munster U14 – U19 T & F Championships in Cork IT. Sunday July 22<sup>nd</sup> – Munster Juvenile “B” T & F Championships in Ennis.