

MOYNE AC

Munster U14 – U19 T & F: Well done to Ciara Cummins who finished 4th in the 1500m final in this event which took place recently in Cork IT – Ciara recorded a time of 5.11.97 – well done and good luck in the All Ireland.

Coillte 10k Road Race: 17 of our Senior Athletes travelled to Dundrum on July 4th for the Annual 10k which attracted a record 319 entries this year. Liam Kelly was the first Moyne athlete to cross the finish line in 36.19 – well done Liam. The following is the full list of results for the Moyne Athletes: Liam Kelly 36.19, Damien McDonald 42.30, Thomas Moore 44.48, Caroline Dunne 44.56, Ray Power 45.10, JJ Fitzgerald 45.20, Lisa Quinlan 46.20, John Hogan 47.56, Frances Long 49.02, Rosemary Cleere 52.52, Liz Power 52.53, Norma Walsh 53.14, Sharon Kiely 53.23, Breda McNamara 54.11, Catherine Dunne 55.47, Eileen Ryan 59.38 and Evelyn Cornally 59.46 – well done to you all.

Senior/Master T & F Championships: 7 of our Senior Athletes made the trip to Templemore on Wednesday evening last for the County T & F Championships. Damien McDonald finished 3rd in the O/35 100m, 2nd in the 800m and 1st in the Javelin. JJ Fitzgerald was 3rd in the O/45 100m and 1st in 800m. Liam Kelly was 4th in the Senior Men's 400m and 3rd in the 5000m recording a time of 18.23. Lisa Quinlan was 4th in the Senior Ladies 400m, 2nd in 800m, 3rd 1500m and 6th in Shot. Edel Leahy was 4th in Senior Ladies 800m, 4th in 1500m, 5th in High Jump and 1st in Shot. Caroline Dunne competing as a Senior Athlete for the first time finished 5th in Senior Ladies 1500m and 6th in High Jump – well done to all.

Moyne AC Summer Camp: Our 2nd Annual Summer Camp will take place on Thursday next July 19th for three days finishing on Saturday July 21st. The camp will commence each day at 9.30am and run until 12.30pm covering a wide range of events. National Events Coach Jackie Frayne will be in attendance on Friday to share her expertise on the Long Jump and we also hope to have a Throws Coach in attendance on Saturday. If you have not yet registered yet please do so asap with any committee member or coach – it promises to be a very enjoyable 3 days.

Meet & Train: Meet and train sessions for adults (male & female) continues as normal on Monday evenings at 7pm.

Upcoming Fixtures: Friday July 20th – Thurles (Tower) 10k Road Race at 7.30pm. Sunday July 22nd – Munster Juvenile "B" T & F Championships in Ennis.