

MOYNE AC

Munster U9 – U13 Indoor Track & Field: The Munster U9 – U13 Track & Field Championships took place in Nenagh on Saturday and Sunday last. Four of our juvenile athletes competed over the two days – Niamh Ryan finished 7th in the U13 Long Jump recording a PB of 3.95 and also recorded a PB in the High Jump event with a jump of 1.20 leaving her in joint 4th overall, Niamh also competed well in the 600m finishing 9th overall in 1.59. Charlie Tobin was 21st in U12 Long Jump recording 3.39 and also performed well in the 600m. Sean Burke was 4th in U13 60mH in 11.25, he was 8th in Long Jump with a jump of 4mts and was 10th in Shot Putt recording 7.44. Dearbhla Lanigan competed in the U13 600m finishing with a time of 2.37 and also competed in 60m sprint- well done to all athletes on competing so admirably amongst such a strong field of competitors.

County Tipperary Senior Road Relay Championships: Twelve of our Senior Ladies travelled to Dundrum on Sunday last to compete at the Senior Road Relay Championships. Our first team comprising of Orla Healy, Bridget Gleeson, Sarah Healy and Edel Leahy claimed bronze medals in the 'A' section of the event, Orla ran the opening leg of 800m handing over to Bridget who covered the 1500m leg, Sarah Healy ran the next 800m leg and handed over to Edel for the final 3000m, the girls were leading the race going into the final leg but were then overtaken by a very strong Clonmel side to leave Moyne in 2nd place. Coming into the final 1000m Thurles pushed into 2nd place but the Moyne girls held on to take a well deserved 3rd place. Our second team of Lisa Quinlan, Aishling Maher, Cora Doyle and Catherine Guider finished 2nd overall in the 'B' section and our third team of Niamh Doyle, Breda McNamara, Liz Power and Catherine Dunne were 3rd in the 'B' section – it was wonderful to see such a large representation of Senior Athletes from our Club and great credit must be given to John Flynn who trains the Ladies twice weekly and gives them such encouragement- well done to all involved.

Secondary Schools Cross Country: Well done to Roisin Daly who finished 3rd in the East Munster Schools Cross Country which took place recently in Waterford. Roisin led her team at Presentation, Thurles to gold medals at the event and the team went on to represent their school at the Munster Cross Country which took place on Thursday last in Waterford. Roisin finished 6th overall at this event leading her team to bronze medals and qualifying them for the All Ireland Schools Cross Country Finals which will take place at the University of Ulster, Jordanstown on March 9th – we wish Roisin and her team the very best of luck in the finals. Well done also to Emily Walsh who put in a superb performance at the East Munster Schools event finishing 16th overall just missing out on qualification for the Munster Final by one place.

County Tipperary Novice Road Championships: The County Novice Road Championships will take place on Sunday next in Clonmel commencing at 12 noon. Please note you must compete at this event if you want to be eligible to compete at the Novice 'B' event which our club will host in April. Any senior athletes interested in competing should assemble at Moyne Sportsfield at 10.15am on Sunday morning and travel as a group to Clonmel. Good luck to all competitors.

Workshops: A Hurdles workshop for coaches and athletes aged 12+ will take place on Wednesday February 13th at Moyne Indoor Training Arena from 7 – 9pm. All those interested in taking part should arrive for registration at 6.45pm – entry fee is €5 per person. On Wednesday February 27th a sprints workshop will take place at the same venue.

Meet & Train: Meet and train sessions for our Fit 4 Life Group continues every Monday and Wednesday at 7.30pm. All are welcome.

Fixtures: Sunday February 10th – County Tipperary Senior Road Relay Championships – Dundrum. Sunday February 17th – County Tipperary Novice Road Championships – Clonmel. Sat 23rd & Sun 24th February – U14 – Junior Munster Indoor Championships – Nenagh. Sunday March 10th – Co Tipperary U9 – U12 Indoor Championships.