

MOYNE AC

County Tipperary Senior & Junior Cross Country: Goid's Cross was the venue on Sunday last for the Tipperary Senior & Junior Cross Country which was the last Cross Country event for 2012. Four of our Senior ladies competed over the 5km course all putting in great performances, the girls were led home by Breda McNamara who finished 12th in a time of 27.30 closely followed by Aisling Maher in 13th with a time of 27.41, next to cross the finish line was Rosie Cleere in 14th recording 28.46 and Liz Power was 15th in 31.20 – the girls combined well to finish 3rd as a team – well done girls.

Juvenile Training: Juvenile training continues on Tuesdays and Fridays for athletes 11 years and older who plan to take part in the Indoor T & F Championships in mid January and also for those who plan to participate in the AAI Juvenile Development Cross Country Championships which will take place in Derry in early February. All other athletes will resume training in January.

Christmas Morning Mile: Our annual Christmas Morning Mile will take place as usual on Christmas morning commencing at 11am, we encourage all our athletes and their parents to take part in this lovely event which has been a tradition in our Club for a number of years now and always attracts a large crowd. It's a great way to start the day and get ready for the festive feast!! All proceeds will be donated to local charities which include the Thurles Branch of St Vincent de Paul, local branch of the Jack & Jill Foundation and Moyne Templetuohy Ladybirds & Brownies – your support would be much appreciated.

Christmas Party: The Club Christmas Party will be held on Friday January 4th at 7.30pm in the Indoor Complex. All team medals from County, Munster & National Championships will be presented on the night as well as individual Munster & National Medals. The awards for "Athlete of the Year" and "Most Improved Athlete of the Year" will also be presented. We hope to see all our athletes and parents on the night. Donations of non-cream varieties of confectionary/biscuits would be appreciated.

Meet & Train: Meet and train sessions for our Fit 4 Life Group continues every Monday and Wednesday at 7.30pm. All are welcome.

Fixtures: Saturday Jan 12th – Co Tipperary U13 – Junior Indoor Championships – Nenagh. Sunday Jan 13th – Munster Juvenile Relays – Limerick Racecourse. Sunday February 3rd – AAI Juvenile Development Cross Country Championships – Gransha Park, Derry. Saturday 9th & Sunday 10th February – Munster U9 – U13 Indoor Championships – Nenagh. Sat 23rd & Sun 24th February – U14 – Junior Munster Indoor Championships – Nenagh. Sunday March 10th – Co Tipperary U9 – U12 Indoor Championships.