

MOYNE AC

Moycarkey Coolcree A.C Road Race: Well done to all our athletes who travelled to Two Mile Borris on Friday evening last to participate in the annual Road Race. In the Senior Mens 7km Road Race Damien McDonald finished 22nd overall in a time of 29.01.56, Thomas Moore was 30th in 32.01.31. In the Senior Womens 7km Frances Long finished 8th in 34.54.44, Breda McNamara was 12th in 36.58.06 and Aisling Maher was 14th in 37.04.15. In the 3km Fit4Life Lisa Quinlan finished 1st in 12.44.78, Sharon Kiely was 3rd in 15.59.06 and Evelyn Cornally was 5th in 16.54.06.

Juvenile Training: Juvenile Training has resumed for those competing at Cross Country Events in the coming season which kicks off on Sunday October 7th – training on Tuesdays at 7.30pm and Friday at 8pm – please make a special effort to attend if you intend competing. Training for all other athletes will recommence at a later date.

Moycarkey Coolcree Cross Country Challenge: It has been proposed that the Annual Cross Country Challenge will take place on Thursday, September 20th so please keep this date free if you wish to participate – we hope to see a large number of athletes taking part – time will be confirmed soon.

Meet & Train: Meet and train sessions for adults (male & female) continue as normal on Monday evenings at 7pm. All are welcome.

Upcoming Fixtures: Saturday 1st September – County Road Relay Championships in Dundrum @ 7pm. Sunday Sept 30th - Tipperary Ladies Mini Marathon – Thurles @ 11am. Sunday October 7th – County Juvenile Even Age & Novice Cross Country – Powerstown Racecourse, Clonmel. Sunday Oct 21st – Munster Juvenile Even Age, U23 & Novice Cross Country – Beaufort, Co Kerry. Sunday Oct 28th – County Juvenile Uneven Age & Intermediate Cross Country – Turnpike, Two Mile Borris. Sunday November 4th – County Juvenile Relays & Master Cross Country – Thurles Crokes Complex. Sunday Nov 11th – Munster Juvenile Uneven Age & Intermediate Cross Country – Waterford. Sunday November 18th – County Juvenile “B” & Novice “B” Cross Country – Venue tbc. Sunday Nov 25th – Woodies DIY AAI Inter Counties & Juvenile Even Age Cross Country – Co Meath. Sunday December 2nd – Munster Juvenile “B” & Master Cross Country – Co Clare. Sunday Dec 9th – Woodies DIY AAI Novice & Juvenile Uneven Age Cross Country – Thurles Racecourse. Sunday January 13th – Munster Juvenile Relays – Limerick Racecourse.