

# **Moyne AC**

## ***National Juvenile Track & Field Development Event***

3 athletes from the club travelled to Tullamore on Sunday last for the National Juvenile Track & Field Development Event which was formally known as the All Ireland "B" Championships. While our numbers were small the results were huge with All Ireland Gold, Silver and Bronze medals returning to the club.

National Champion in the U/14 Long Jump is Roisin Daly who produced a personal best performance to outjump all other competitors. Facing some very stiff competition she pulled out all the stops to jump 4.34mts to claim the title. What a way to win your first national individual track medal. Roisin has trained hard and competed consistently and this national title is well deserved for such a committed athlete. Well done Roisin.

Niamh Ryan is another very consistent and adaptable performer and Sunday saw her achieve another milestone. As with Roisin above she produced a personal best performance of 4.07mts in the U/13 long jump to finish second overall and claim the silver medal. Showing her versatility she also ran the 600mts and again produced a magnificent performance to win the bronze medal with a time of 1.50. Niamh is again another athlete who has consistently trained and competed well over the years and fully deserved her successes on Sunday. Well done Niamh.

Sean Burke also competed in the U/13 age group, coming up against some very excellent performers and though not amongst the medals produced his usual high class performance. Well done Sean.

## ***Clogheen 5K Road Race***

In this event held on 1<sup>st</sup> August the club had three competitors. Frances Long completed the course in 23.20 to win the O/40 category whilst Trish Campion finished in 23.47 to clinch victory in the O/35 category. Damien McDonnell also competed and he finished in 38<sup>th</sup> in a time of 20.29. Well done to all three athletes.

## ***Cross Country Training***

With the Cross Country Season just around the corner it is now time for all our athletes to resume training. All athletes aged 8 and over should now attend at Moyne Sportsfield on Monday, Wednesday and Friday at 8pm. New athletes interested in competing at cross country are also very welcome to attend.

## ***Club Lotto***

The club has been involved for a number of months now with the Tipperary Community Lotto with the aim of upgrading our track and facilities in Moyne Sportsfield. Tickets cost €2 per week and are available from the local shops or any committee member. Your support would be much appreciated. The top prize each week is €5,000 with four additional prizes of €1,000 each week. There are also ten lucky dips each week where the prize is €20 in addition to the top sellers prize of €100. The club has been amongst the winners on four occasions with Sheila Ryan, Mary Cleere, Patrick Leahy, Kathleen Maher and Ray Power all enjoying their new found wealth.