

MOYNE AC (08/05/13)

2ND Night of Burma Challenge 2013: The second evening of the Burma Challenge walk jog run took place from Moyne sportsfield last Wednesday May 1st in ideal conditions, this was the handicap round and the biggest turnout of the ten years with 81 people getting a handicap of some kind with a difference of thirteen minutes between first off and last to go which worked out very well with 38 on the final 300 meters of the track in single file all making their way to the finish. Ross Alexander 16.49 and Orla Healy 20.16 were the first man and woman home. In the team challenge Kylemakill 132.12 are the leaders, with Killoran on 135.04 second and Moyneard 135.48 third only eight minutes separating the 15 teams and with the cycle round on this Wednesday 8th it could turn the teams upside down. It was also the first evening of the Family challenge, where we have 11 families taking part. It must be said that the level of fitness in this group is very good last week 54 people completed the course under 30 minutes and all under 45 mins. Next week we have a new event it's the relay challenge where one person from each team will walk jog or run 1k each with all times been totalled to give team result. Again thanks to all who supplied cakes and biscuits for the cuppa afterwards as the chat and banter is so enjoyed by all and race strategies are discussed looking forward to the next evening.

County U/12 to U/19 T&F Championships, Templemore: The County U/12 to U/19 T&F Championships will take place next Saturday and Sunday the 11th and 12th of May at Templemore Track. The following athletes have been entered – Patrick Campion, Charlie Tobin, Sean Burke, Nathan Bowe, Aidan Ryan, Eamon Troy, Eoin Troy, Lorcan Troy, Harry Hogan, Emma Dunphy, Niamh Ryan, Laura Daly, Roisin Daly, Emma Doyle, Katie Tobin, Orla Healy, Mairead Blake and Cora Doyle. Best of luck to you all.

Fun & Games competition for the U6 & U8: This competition continues on Tuesday evenings at 7.30pm for our U6 & U8 children.

Mini Marathon: Our 4th Annual Mini Marathon will take place on Monday, June 3rd at 3pm from Moyne Sportsfield, this event is open to both male and female participants. You can now register for this event on our website www.moyneathleticclub.com, once registered online forward the registration form accompanied by the entry fee of €12 to our Secretary Rosemary Cleere. This event takes a lot of organising and a lot of help is required on the day so we appeal to anyone who can spare a few hours on Monday June 3rd to please give your name to any committee member – your help would be much appreciated.

Fixtures: Saturday 11th & Sunday 12th May – County U/13 to U/19 T&F Championships, Templemore. Sunday 12th May – County U/12 T&F Championships, Templemore. Sunday 26th May – County Tipperary U/9 to U/12 T&F Championships, Templemore.

Road Fixtures: Sunday 19th May – County Senior Women's 5k and Men's 10k Road Championships @ 12 noon, Fethard.

Club Meeting: There will be a meeting of Club Officers and Committee members on Monday 13th May at 9pm sharp, your attendance would be much appreciated.

Fit 4 Life: Our Fit 4 Life sessions have been changed to Monday evening for the duration of the Burma Challenge which takes place on Wednesday evenings.

Coaching Workshops: Wednesday 15th May - High Jump Workshop for coaches & athletes 10+ from 7pm to 9pm, Clonmel. Tuesday 21st May – Long Jump and Triple Jump workshop for coaches and athletes aged 10+ from 7pm to 9pm, Templemore Track.