

## MOYNE AC (29/05/13)

**Mini Marathon:** Monday next, 3<sup>rd</sup> June is another big day for the club with the staging of our Mini Marathon. Now in its fourth year it has grown from strength to strength and we welcome the continued support of the Lisheen Mine our sponsors for the occasion. The race commences at 3pm from Moyne Sportsfield and is open to male and female participants who can walk, jog or run the 10k route. The route is fairly flat, stewards at all the major crossroads and two major crossroads and two water stations as well as medical back up. The race will finish at Moyne Sportsfield which will provide a safe environment for all and where each participant will be presented with a specially commissioned medallion to mark their achievement. The first three men and ladies home will receive monetary prizes with a number of down the field spot prizes, randomly selected before hand on finishing places. Refreshments will be served for all afterwards in the Moyne AC Indoor Facility and everyone is welcome. Off road parking will also be available and we would request that there is no parking on the road in and around the vicinity of Moyne Sportsfield. Online entries have now closed. **ENTRIES WILL BE TAKEN ON THE DAY, BUT ENTRIES WILL BE TAKEN UP TO 2PM ONLY.** No further entries will be taken after this time so it is advisable to come along early. We would ask that all our stewards are treated with respect as all are volunteering their time for your enjoyment. We wish all entrants the very best of luck and hope they have an enjoyable day. We would also encourage those people living along the route to show your support for the athletes as they pass. As safety of our entrants is paramount we hope anyone travelling in the area on the day would be mindful of the event and to drive with caution especially between the times of 2pm and 5pm when the area will be a hive of activity. Refreshments will be served afterwards and donations of buns & biscuits (no cakes please) would be much appreciated. For information see our website [www.moyneathleticclub.com](http://www.moyneathleticclub.com)

**County Tipperary U/9 to U/12 T&F Championships:** Twenty-six of our athletes travelled to Templemore on Sunday last for the County U/9 to U/12 T&F Championships. Armand Schoeman finished 2<sup>nd</sup> in the U11 High Jump and Rachel Cleery finished 3<sup>rd</sup> in the U10 500m race. Well done to you both. Also well do to all our athletes who participated so admirably and to all our coaches and parents for their help and support on the day.

**Burma Challenge:** The fifth and final evening of the 10<sup>th</sup> annual Burma Challenge took place last Wednesday 22<sup>nd</sup> in this round all 70 people took off together on lovely sunny evening with Jody Sweeney and Orla Healy first male and female back in the field with 57 completing the Burma under 30 mins and all home under 45 mins we hope all these people will continue to come to the field and keep the fitness level you have reached over the past five weeks.

Burma results: The team challenge this year was the biggest ever with 15 teams, each had 5 members all eager to do their part for one another. In 15<sup>th</sup> we had Lisheen on 375.34, 14<sup>th</sup> Rahealty 369.08, 13<sup>th</sup> Ballyduff 368.18 12<sup>th</sup> Moyne 368.17 11<sup>th</sup> Killoran 368.02 10<sup>th</sup> Moyneard 367.15 9<sup>th</sup> Manselstown 366.25 8<sup>th</sup> Cooleeney 365.48 7<sup>th</sup> Boulabea 364.17 6<sup>th</sup> Longorchard 363.47 5<sup>th</sup> Ballyerk 360.25 4<sup>th</sup> Lisdonowley 357.14, the leader after round one Klyemakill were 3<sup>rd</sup> 354.30, 2<sup>nd</sup> Moynetemple 350.02, Derrafadda with Patrick Bowe, Liz Power, Sean Kennedy, Sinead Tynan, Euphrasia Ruddy keeping them in 1<sup>st</sup> place in a time of 344.08.

Family Challenge: In the Family Challenge we had 11 families taking part and this year we have new winners in Joe and Edel Leahy on 102.16, John & Esther Hogan 114.18 in second and winners for the last 4 years Ray & Liz Power 115.23 finishing in third, 4<sup>th</sup> Paddy & Leona Doyle 119.22 5<sup>th</sup> Tim & Cora Doyle 123.50 6<sup>th</sup> Gerry & Caroline Phelan 131.06 7<sup>th</sup> Kieran & Catherine Britton 132.04 8<sup>th</sup> Thomas & Breda Moore 136.22 9<sup>th</sup> Jody & Niamh Sweeney 137.06 10<sup>th</sup> Tom & Bernie McGrath 141.16 11<sup>th</sup> Niall & Sinead McGonagle 143.04.

On the final night there was a special presentation made to two participants who since its inception back in 2004 have completed the Burma Challenge 10 years in a row these were Billy Tracey & Eileen Ryan.

As we close the 10<sup>th</sup> Annual Burma Challenge we would like to say thank you all those who participated in this event over that last 10 years (of which there are over 500), we salute our brain child of this event John Flynn for all the hard work put in this event and every year adding a bit of variety to it, it started only as an idea to get people and to exercise and have a bit of fun as well. We would also like to thank Eibhlis Purcell, Catriona Daly Elaine Flynn Shiela Ryan & Martin Flynn who kept times, results, team news up to date, also to thank the stewards and PJ Ryan in the lead car who looked after the participants safety while enroute, to everyone who made the tea at the end each night and to all those who brought cakes and buns it was much appreciated. Finally we hope you all enjoyed our 10th Burma Challenge and that you keep it up. We look forward to seeing you all again on the June Bank 4th June for Mini Marathon @ 3pm.

**Moyne Athletic Club Lotto:** The club has embarked on a major fundraising drive to upgrade the track and facilities in Moyne Sportsfield. This is our first major effort for quite a number of years and hopefully the athletes, their families, the parish and beyond will help us in this upgrade. Each week the top prize will be €5,000 with four additional prizes of €1,000 each. In addition there will be 10 lucky dips every week for a prize of €20 each while the seller of the top prize will also be €100 richer. All of the above will cost just €2 per ticket with the draw taking place in Tipperary Town each Tuesday night at 8.45pm. Winners are announced on Tipperary Mid West Radio 104.8fm and on the [www.tipperarycommunitylotto.com](http://www.tipperarycommunitylotto.com) website each night after the draw. Tickets can be bought in the local shops or contact any member of the Moyne Athletic Club.

**Club Meeting:** A club meeting will take place at 8.00pm on Thursday 30<sup>th</sup> May to finalise the preparations for Monday's Mini Marathon, your attendance would be much appreciated.

**Training:** Training for all athletes is now finished for the Summer break and will resume with Cross Country Training during August. We take this opportunity to thank all our coaches for their time and commitment throughout the year and we hope to see you all back refreshed and ready for lots of hard training in August – enjoy your break.

**Fit 4 Life:** Our Fit 4 Life sessions continue each Monday & Wednesday night at 7.30pm.